

Instructions for Users

Model: MATRIX

AIRPLANE SHOULDER BRACE W/ ABDUCTION

MATRIX SHOULDER is an alternative to conventional shoulder abductors. It is intended to provide immobilization support after Rotator cuff repair, Shoulder girdle fracture, Shoulder instabilities, Adhesive capsulitis release/manipulation, Multidirectional instability of the shoulder, Frozen shoulder, Arthritis of the shoulder, Median, ulnar and radial neuropathy; Elbow and shoulder injuries/tears; trauma/strain injury, Fractures; stroke and CVA recovery and residual hemiparesis.



1. Place shoulder strap over the neck so that the Shoulder/Arm Abduction is located under the arm needing the abduction wedge. Place the waist strap around the waist, wrapping it securely so that the Shoulder/Arm Abduction fits tightly against the body.



2. Fasten the provided abduction wedge in the outside fold of the shoulder abduction system. Each abduction wedge has a nylon fabric fastener tape on all three sides. The corner of the abduction wedge should fit tightly in the fold of the Shoulder/Arm Abduction. The corner that is placed in the fold causes the angle of the shoulder positioning.



3. Beginning at the upper arm, secure each arm strap so that the Shoulder/Arm Abduction fits tightly against the arm and there is minimal change of your arm position. Proceed down the arm, attaching each strap with the nylon fabric fasteners provided.



4. Modify and adjust as required. When applied correctly, the Shoulder/Arm Abduction should fit tightly around the waist, and should fit tightly into your underarm to ensure correct positioning. DO NOT OVERTIGHTEN.



CARE AND CLEANING INSTRUCTIONS

Hand wash with a mild soap and let air dry.

UNIVERSAL SHOULDER BRACE SIZE CHART

Size	Length of Forearm
Universal	One size fits most