

Instructions for Users

Model: Proton Post-Op

Proton **POST-OP DUAL ROM KNEE BRACE**

Proton POST-OP (Proton-33) is intended to provide post-operative knee immobilization for various conditions including Tears of cartilage or meniscus of knee, Injuries of the collateral ligaments, Chondromalacia, Internal derangement of the knee, Loose body in the knee, Old disruption of the anterior cruciate ligament, Sprains and strains of the knee.



1. Begin by loosening the gripping material on each closure strap on the exterior frame of the brace. Using the telescoping mechanism on the outer frame, adjust the thigh and calf length so that the height is appropriate for the patient.



2. Open all straps and place brace on knee with hinge positioned at the knee joint. Ensure the hinges and cushions are properly placed on either side of the leg by adjusting the opening of each strap on the back side of the brace. Verify length and adjust thigh and calf telescoping length as needed.



3. Starting at the middle closure straps just above and just below the knee, wrap these 2 straps around lower thigh and upper calf until secure and knee is aligned at the hinges on either side of the brace.



4. Fasten topmost and bottom strap. Re-adjust all straps so that the frame fits snug around the leg and the hinges are properly aligned with the knee.



5. Push tab inward and rotate the flex/ext circle to desired position.



CARE AND CLEANING INSTRUCTIONS

Hand wash with a mild soap and let air dry.

POST-OP DUAL ROM KNEE BRACE SIZE CHART

Size	Thigh Circumference	Calf Circumference
Universal	One size fits most	