

Instructions for Users

Model: SIGNAL

SIGNAL ROM ELBOW BRACE

SIGNAL ROM Elbow Brace is intended for Post-operative immobilization or ROM control for the elbow, Conservative treatment of elbow dislocation or luxation, Stable or internally fixed fractures of the distal humerus or proximal radius or ulna.



1. Begin by loosening the gripping material on each closure strap on the exterior frame of the brace. Using the telescoping mechanism on the outer frame, adjust the arm length so that the height is appropriate for the patient.



2. Open all straps and place brace on elbow with hinge positioned at the elbow joint. Ensure the hinges and cushions are properly placed on either side of the arm by adjusting the opening of each strap on the back side of the brace. Verify length and adjust telescoping length as needed.



3. Starting at the middle closure straps just above and just below the elbow, wrap these 2 straps around lower arm and upper forearm until secure and elbow is aligned at the hinges on either side of the brace.



4. Fasten topmost and bottom strap. Re-adjust all straps so that the frame fits snug around the arm and the hinges are properly aligned with the elbow. Place one end of the strap on your chest, then wrap the other end around from your armpit, and finally buckle both ends to the clasp on your forearm.



5. Push tab inward and rotate the flex/ext circle to desired position.



CARE AND CLEANING INSTRUCTIONS

Hand wash with a mild soap and let air dry.

ROM ELBOW BRACE SIZE CHART

Size	Length	Circumference
Universal	One size fits most (Left/Right)	